

# December 2011 Elementary BREAKFAST Menu

| Monday/Lunes  | Tuesday/Martes  | Wednesday/Miércoles  | Thursday/Jueves  | Friday/Viernes  |
|---|---|--|--|---|
|   |   |  | <p style="text-align: right;">1</p> SAUSAGE BISCUIT (1 M/MA, 1 BE)<br>Fruit Smoothie ½ cup<br>Milk ½ pt<br>OR<br>CEREAL w/ Cheese Stick              | <p style="text-align: right;">2</p> FRUITED MUFFIN (1 BE, ¼ cup F/V)<br>100% Juice ½ cup<br>Milk ½ pt<br>OR<br>CEREAL w/ Poptart  |
| <p style="text-align: right;">5</p> BREAKFAST SAUSAGE BISCUIT (1 M/MA 1 BE)<br>100% Juice ½ cup<br>Milk ½ pt<br>OR<br>CEREAL w/ Cheese Stick  | <p style="text-align: right;">6</p> CINNAMON ROLL (1 BE)<br>Scrambled Egg (1 M/MA)<br>Fruit Smoothie ½ cup<br>Milk ½ pt<br>OR<br>CEREAL w/ Poptart  | <p style="text-align: right;">7</p> BREAKFAST BURRITO (1 M/MA, 1 BE)<br>Fresh Fruit or Cup ½ c<br>Milk ½ pt<br>OR<br>CEREAL w/ Yogurt  | <p style="text-align: right;">8</p> BREAKFAST ENGLISH MUFFIN PIZZA (1 oz M/MA, 1 BE)<br>Fruit Smoothie ½ cup<br>Milk ½ pt<br>OR<br>CEREAL w/ Poptart | <p style="text-align: right;">9</p> CHEESEBREAD (1 M/MA, 1 BE)<br>100% Juice ½ cup<br>Milk ½ pt<br>OR<br>CEREAL w/ Cheese Stick   |
| <p style="text-align: right;">12</p> SUNRISE BREAKFAST BUN (1 M/MA, 1 BE)<br>100% Juice ½ cup<br>Milk ½ pt<br>OR<br>CEREAL w/ Poptart         | <p style="text-align: right;">13</p> CHEESE QUESADILLA<br>Fruit Smoothie or Fresh Fruit ½ cup<br>Milk ½ pt<br>OR<br>CEREAL w/ Cheese Stick          | <p style="text-align: right;">14</p> YOGURT PARFAIT in 4 oz. soufflé cup (1 M/MA )<br>Self Serve Fruit Bar ½ cup (Compote and Fresh Fruit)<br>Poptart OR Cereal<br>Milk ½ pt | <p style="text-align: right;">15</p> SAUSAGE BISCUIT (1 M/MA, 1 BE)<br>Fruit Smoothie ½ cup<br>Milk ½ pt<br>OR<br>CEREAL w/ Cheese Stick             | <p style="text-align: right;">16</p> FRUITED MUFFIN (1 BE, ¼ cup F/V)<br>100% Juice ½ cup<br>Milk ½ pt<br>OR<br>CEREAL w/ Poptart |
| <p style="text-align: right;">19</p> BREAKFAST SAUSAGE BISCUIT (1 M/MA 1 BE)<br>100% Juice ½ cup<br>Milk ½ pt<br>OR<br>CEREAL w/ Cheese Stick | <p style="text-align: right;">20</p> CINNAMON ROLL (1 BE)<br>Scrambled Egg (1 M/MA)<br>Fruit Smoothie ½ cup<br>Milk ½ pt<br>OR<br>CEREAL w/ Poptart | <p style="text-align: right;">21</p> BREAKFAST BURRITO (1 M/MA, 1 BE)<br>Fresh Fruit or Cup ½ c<br>Milk ½ pt<br>OR<br>CEREAL w/ Yogurt                                       | <p style="text-align: right;">22</p> CEREAL w/ Poptart<br>Fruit Smoothie ½ cup<br>Milk ½ pt  | <p style="text-align: right;">23</p> <p style="text-align: center;">HOLIDAY</p>   |
| <p style="text-align: right;">26</p> <p style="text-align: center;">HOLIDAY</p>   | <p style="text-align: right;">27</p>  | <p style="text-align: right;">28</p>   | <p style="text-align: right;">29</p>   | <p style="text-align: right;">30</p> <p style="text-align: center;">HOLIDAY</p>   |